

# DECREE 3A/2021 State of Emergency

## Article 4

### General duty of home collection (Stay at Home)

1 – Citizens may not travel on public spaces and roads, as well as on private spaces and roads equivalent to public roads, and must remain in their home, except for travel authorized by this decree.

2 – For the purposes of the preceding paragraph, authorized travel is considered to be those aimed at:

- a) The acquisition of essential goods and services;
- b) Access to public services, under the terms of article 31, and participation in procedural acts before judicial entities or in acts within the competence of notaries, lawyers, solicitors or registration officers;
- c) The performance of professional or similar activities, when there is no place for teleworking under the terms of this decree, or the search for a job or response to a job offer;
- d) To attend to health reasons, namely for the purpose of obtaining health care and transportation of people to whom such care or blood donation should be administered;
- e) The emergency reception of victims of domestic violence or trafficking in human beings, as well as travel for the purpose of intervention in the scope of the protection of children and young people in danger, namely, the child and youth protection commissions and multidisciplinary teams of technical assistance to the courts;
- f) Assistance to vulnerable people, homeless people, people with disabilities, children, parents, the elderly or dependents, or other imperative family reasons, namely the fulfilment of parental responsibility sharing, as determined by agreement between the holders or by the competent court;
- g) The attendance by children of school establishments, day care centres and the movement of their companions, as well as the movement of students to higher education institutions or other school establishments;
- h) The frequency of training and carrying out tests and exams, as well as carrying out inspections;
- i) The frequency of establishments within the scope of social responses in the area of disabilities;
- j) Outdoor physical and sporting activity, under the terms of article 34;
- k) Participation in religious ceremonies, including community celebrations, under the terms of article 35;
- l) The enjoyment of moments in the open air and the stroll of pet animals, which must be of short duration and take place in the area of residence, unaccompanied or in the company of members of the same household who cohabit;
- m) Assistance of animals by veterinarians, animal keepers for medical-veterinary assistance, colony caregivers recognized by the municipalities, volunteers from zoophilic associations with dependent animals



who need to go to animal shelters and by the municipal veterinary services for and animal assistance, as well as animal feeding;

n) Participation in social volunteering actions;

o) Visits to users of residential structures for the elderly and for people with disabilities, integrated continuous care units of the National Integrated Care Network and other responses dedicated to elderly people, as well as for activities carried out in day centres;

p) Visits, when authorized, or the delivery of essential goods to people who are disabled or deprived of their freedom of movement;

q) The exercise of the respective functions of the holders of the organs of sovereignty, leaders of the social partners and of the political parties represented in the Assembly of the Republic, as well as of persons with a free pass issued under the legal terms;

r) The performance of official functions by staff of diplomatic, consular missions and international organizations located in Portugal;

s) Participation, in any capacity, within the scope of the electoral campaign or the election of the President of the Republic, under the terms of Decree-Law no. 319-A / 76, of 3 May, in its current wording, namely for the purposes the exercise of voting rights;

t) Access to post offices and post offices, bank agencies and agencies of insurance intermediaries or insurance companies;

u) The exercise of freedom of the press;

v) The travel required to enter and leave continental territory, including those required to travel to and from the accommodation location;

w) Other activities of a similar nature or for other reasons of force majeure or imperative necessity, as long as they are duly justified;

x) The return to the home within the scope of the trips mentioned in the previous paragraphs.

3 – Except for the purposes provided for in paragraph l) of the preceding paragraph, the circulation of private vehicles on public roads is permitted, including refuelling at gas stations, within the scope of the situations referred to in the preceding paragraph.

4 – Without prejudice to the provisions of the preceding paragraphs, in all trips made, the recommendations and orders determined by the health authorities and the security forces and services must be respected, namely those regarding the distances to be observed between people.